



Saddle Lake Health Care Centre

Box 160, Saddle Lake, Alberta
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Telephone (780) 726-3930
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SLHCC COVID-19 DAILY UPDATE

DAILY UPDATE: September 15, 2020

CURRENT STATUS: A total of 43 tests were completed today.

There are no additional cases reported today.

There are still 8 confirmed/active cases of COVID-19 on the Saddle Lake Cree Nation. The positive cases have been contacted and are aware; they are following the quarantine/self-isolation guidelines.

It is important for the active/positive cases to remain under active quarantine/self-isolation; and to follow the guidance of the SLHCC Public Health Team. It is also important, for the close contacts, of the confirmed cases, to stay home for 14 days. Contact tracing is on-going. The SLHCC Public Health Team Nurses will continue to phone the close contacts or make necessary home visits.

For people who are infected with COVID-19, there is a wide range in infection severity from no symptoms to pneumonia and risk of death. According to the Public Health Agencies of Canada, there are people who are at a higher risk of developing more severe illness or complications from COVID-19. Although people can recover from COVID-19, the elderly and chronically ill face a greater risk of complications.

- People with medical conditions such as heart disease; hypertension (high blood pressure); lung disease; diabetes; and cancer.
- People with weakened immune systems from a medical condition or treatment, such as chemotherapy
- Older adults, seniors and Elders.

Let's keep our community safe, as the Elders are our Knowledge Keepers and an important resource for our community. By working together, following the safety guidelines and self-isolation, we can protect our vulnerable community members.

It is important for Saddle Lake Cree Nation members to continue with the social distancing, frequent hand washing, and sanitization. Masks are required to be worn in all public places, hand sanitizer should be readily available and used prior to entering any SLCN facilities or stores. We can all do our part to reduce the spread of Covid-19 on Saddle Lake Cree Nation.



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RECOMMENDED ACTION:

1. Individuals who are under mandatory quarantine/self-isolation should not leave their homes and should not allow visitors into their homes. This will help prevent the spread of COVID-19.
2. Contact Derrick Houle, the Director of Emergency Management for Community Supports. 1 (780)293-9124.
3. COVID-19 Testing is completed daily, at the SLHCC drive through testing site. We invite community members to get tested during the week days and on the weekends.

Prepared by: Theresa Cardinal, Interim Health Director